













































Allergens Summary: MTH, Autumn and winter menu














Reviewed by Pedro Costa on 23-10-2025

Menu Dishes	<div> <div>✓ Contains</div> <div>Ⓜ May Contain</div> <div>Ⓡ Removable</div> </div>														
	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
MTH, A la carte and Room service(2025)															
Andalusian Salad, Manchego cheese, caramelized almonds								Ⓡ ✓			Ⓜ			Ⓡ ✓	Almonds Ⓡ ✓ Brazil nuts Ⓜ Cashews Ⓜ Hazelnuts Ⓜ Macadamia nuts Ⓜ Pecans Ⓜ Pistachios Ⓜ Queensland nuts Ⓜ Walnut Ⓜ
Apple and Mix Berries Crumble Oats Crust, Custard Cream			Barley Ⓜ Kamut Ⓜ Oats Ⓜ Rye Ⓜ Spelt Ⓜ Wheat Ⓜ		Ⓡ ✓			✓							
Artichoke Barigoule		✓												✓	
Baked Camembert with caramelized apples and quince, Focaccia			Wheat Ⓡ ✓					✓					Ⓡ ✓		

<div> <div>✓</div> Contains </div> <div> <div>M</div> May Contain </div> <div> <div>R</div> Removable </div>															
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MTH, A la carte and Room service(2025)															
Beef Tail Ragu with Rigatoni Pasta		✓	Wheat ✓		R ✓			R ✓					M	✓	
Black Beans and mushrooms vegan burger, cheddar cheese		✓	Barley ✓ Oats ✓ Rye M Wheat ✓							✓	M		M	✓	
Chicken and Duck Terrine		✓	Wheat R ✓							✓		M	R ✓	R ✓	
Chorizo and Comte Cheese Croquettes Saffron Aioli			Wheat ✓		✓			✓		R ✓				R ✓	
FISH AND CHIPS		✓	Wheat ✓		R ✓	✓		✓		R ✓				✓	
Fries / Sweet potato fries			Wheat M		M	M		M						M	
Grill 12oz Bavette Steak		✓	Wheat M		M	M		✓						✓	
Grill tiger Prawns			Wheat R ✓	Prawns ✓				R ✓					R ✓	R ✓	
GRILLED YAKITORI CHICKEN SKEWERS		✓	Wheat ✓		R ✓					R ✓		✓	✓	✓	
HACKNEY GELATO			Barley M Oats M Rye M Wheat ✓		✓			✓			M R		✓		

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MTH, A la carte and Room service(2025)															
Italian Burrata, Roast Honey Figs, Roast Beetroot, Orange pesto, Pine Nuts			Wheat Ⓡ ✓					✓		Ⓜ				Ⓡ ✓	Almonds Ⓜ Brazil nuts Ⓜ Cashews Ⓜ Hazelnuts Ⓜ Macadamia nuts Ⓜ Pecans Ⓜ Pistachios Ⓜ Queensland nuts Ⓜ Ⓡ Walnut Ⓜ
Italian Potato Gnocchi Mushrooms Velouté, Wild Mushrooms, Chives		✓	Wheat ✓		Ⓜ			Ⓡ ✓					Ⓜ	✓	
Korean Marinated Chicken			Wheat Ⓡ ✓		Ⓡ ✓			✓		Ⓡ ✓		✓	Ⓜ	Ⓡ ✓	
MAYFAIR TOWNHOUSE BURGER, Mature cheddar cheese			Wheat Ⓡ ✓		Ⓡ ✓			Ⓡ ✓		Ⓡ ✓		Ⓡ ✓	Ⓡ ✓	Ⓡ ✓	
MTH BBQ Cauliflower steak, Warm couscous		✓	Wheat ✓									✓	✓	✓	Almonds ✓
MTH, Winter Gazpacho Fruit salad, Lemon sorbet	✓														
Pan roast salmon Fillet						✓				Ⓡ ✓					
Portuguese salted cod fritters, Dijonnaise Mayonnaise			Wheat ✓		✓	✓		✓		Ⓡ ✓			Ⓜ	Ⓡ ✓	
Potato Gratin, For 2								✓							

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	MTH, A la carte and Room service(2025)														
Pumpkin Arancini, sage aioli		✓	Wheat ✓		✓			✓		✓				✓	
Reuben sandwich		R ✓	Barley ✓ Rye ✓ Wheat ✓		✓	✓		R ✓		R ✓			R ✓	R ✓	
Sauté Kale	✓														
Seasonal soup		✓	Wheat R ✓									M	M	M	
Sharing board, British cheese and charcuterie		R ✓	Wheat ✓					✓		R ✓			R ✓	R ✓	
Slow cook Pork belly, Braised lentils		✓						✓						✓	
Sticky Toffee Pudding, vanilla ice cream			Wheat ✓		✓			✓							
The Fall, Roast Broccoli , Kale salad with Brown Rice		R ✓	Barley M Oats M Rye M Wheat M									R ✓			Almonds M Brazil nuts M Cashews M Hazelnuts M Macadamia nuts M Pecans M Pistachios M Queensland nuts M Walnut M
Townhouse Caesar salad			Wheat R ✓		R ✓	R ✓		R ✓		R ✓			R ✓	R ✓	
Townhouse Merengue					✓			✓						✓	

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	MTH, A la carte and Room service(2025)														
Venison and Cranberries Sausage Rolls		✓	Wheat ✓		✓			✓		✓		✓		✓	
Winter berries Gazpacho, fruit salad	✓														
Winter Slaw					✓					✓				✓	